

NORTH STONINGTON PUBLIC SCHOOLS

November 2026

WHEELER HS/MS
LUNCH MENU

Lunch Prices: Reduced- $0.40 Paid- $4.00

BREAKFAST IS FREE!

November 2-6

Powering potential.

	MON	TUES	WED	THURS	FRI
GRILL	Grilled Cheese	No School	Cheeseburger	Pizza Crunchers	Chicken Nuggets w/ Breadstick
ENTREE	Wafflelaco Hot Honey flatbread Pizza Cucumber Slices		Ranchero Breakfast Bowl Garbonzo Bean	Turkey Barbacoa Tacos Baby Carrots	Tater Tot Beef Nachos w/ Breadstick Edamame Beans
SANDWICH	Chicken BLT SUB		Chicken BLT Sub	Chicken BLT Sub	Chicken BLT Sub
SALAD	Egg Chef Salad w/Breadstick		Egg Chef Salad w/Breadstick	Egg Chef Salad w/ Breadstick	Egg Chef Salad w/ Breadstick
PIZZA	White Pizza		Cheeseburger Pizza	Veggie Pizza	Buffalo Chicken Pizza

Menus are subject to change.

Gluten Free options available upon request

Contact information:
Elena Rosenthal- Foodservice Director
Rosenthal-Elena@aramark.com



Available Daily:

Cheese Pizza
Pepperoni Pizza
Sun Butter & Jelly Sandwich
Assorted Fruit
Assorted Vegetables

All Lunches Must Include Choice of: Fruits and/or Vegetable
And May Include: 1% Low-Fat Milk

aramark STUDENT NUTRITION

This institution is an equal opportunity providers



NORTH STONINGTON PUBLIC SCHOOLS

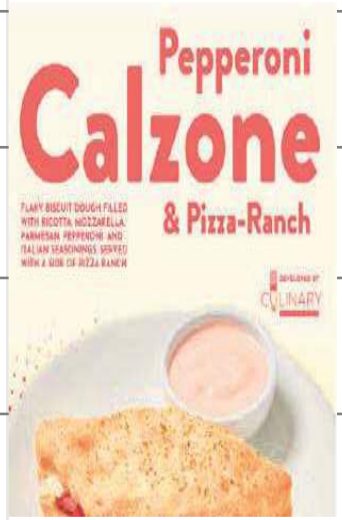
November 2026

WHEELER HS/MS
LUNCH MENU

Lunch Prices: Reduced- $0.40 Paid- $4.00

11/9-11/13

Powering potential.

	MON	TUES	WED	THURS	FRI
GRILL	Hamburger or Cheeseburger	Spicy Chicken Patty Sandwich	No School	Pizza Crunchers w/ Dipping Sauce	Chicken Nuggets w/ Breadstick
ENTREE	***Limited Time Offer Pepperoni Calzone & Pizza Ranch***	Macaroni & Cheese w/ Ham **Tomato Salad**		Chicken Tikka Masala **Cucumber Salad**	Beef & Cheese Nachos Roasted Chickpeas
SANDWICH	Buffalo Chicken Wrap	Buffalo Chicken Wrap		Buffalo Chicken Wrap	Buffalo Chicken Wrap
SALAD	Greek Salad w/ Pita Bread	Greek Salad w/ Pita Bread		Greek Salad w/ Pita Bread	Greek Salad w/ Pita Bread
PIZZA	White Pizza	Meat Lover's Pizza		Veggie Pizza	Buffalo Chicken Pizza

Menus are subject to change.

Gluten Free options available upon request

Contact information:
Elena Rosenthal- Foodservice Director
Rosenthal-Elena@aramark.com



Available Daily:
Cheese Pizza
Pepperoni Pizza
Sun Butter & Jelly Sandwich
Assorted Fruit
Assorted Vegetables

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
1% Low-Fat Milk

aramark STUDENT NUTRITION

This institution is an equal opportunity providers



NORTH STONINGTON PUBLIC SCHOOLS

November 2026

WHEELER HS/MS
LUNCH MENU

Lunch Prices: Reduced- $0.40 Paid- $4.00

11/16-11/20

Powering potential.

	MON	TUES	WED	THURS	FRI
GRILL	Grilled Cheese	Pizza Sticks w/ Dipping Sauce	Chicken Patty Sandwich	Grilled Cheese Sandwich	Chicken Nuggets w/ Breadstick
ENTREE	Chicken Ranch Club Flatbread Crinkle Cut Fries	Honey Stung Popcorn Chicken Tater Tots	Penne w/ Tomato Alfredo & Chicken Caesar Salad	Turkey Dinner Potato and Stuffing Corn and Cranberry Sauce	Kickin' Bean & Beef Tortilla Bowl Black Beans
SANDWICH	All-American Sub w/ Lettuce & Tomato	All-American Sub w/ Lettuce & Tomato	All-American Sub w/ Lettuce & Tomato	All-American Sub w/ Lettuce & Tomato	All-American Sub w/ Lettuce & Tomato
SALAD	Turkey Nacho Salad w/ Tortilla Chips	Turkey Nacho Salad w/ Tortilla Chips	Turkey Nacho Salad w/ Tortilla Chips	Turkey Nacho Salad w/ Tortilla Chips	Turkey Nacho Salad w/ Tortilla Chips
PIZZA	White Pizza	Meat Lover's Pizza	Chicken Bacon Ranch	Veggie Pizza	Hawaiian Pizza

Menus are subject to change. **Gluten Free options available upon request**

Contact information:
Elena Rosenthal- Foodservice Director
Rosenthal-Elena@aramark.com



Available Daily:
Cheese Pizza
Pepperoni Pizza
Sun Butter & Jelly Sandwich
Assorted Fruit
Assorted Vegetables

All Lunches Must Include Choice of: Fruits and/or Vegetable
And May Include: 1% Low-Fat Milk

aramark STUDENT NUTRITION

This institution is an equal opportunity providers



NORTH STONINGTON PUBLIC SCHOOLS

November/December 2026

WHEELER HS/MS
LUNCH MENU

11/30-12/4

Lunch Prices: Reduced- $0.40 Paid- $4.00

Powering potential.

	MON	TUES	WED	THURS	FRI
GRILL	Hamburger or Cheeseburger	Grilled cheese	Chicken Patty	Beef Quesadilla	Chicken Nuggets w/ Breadstick
ENTREE	Buzzer Beater Basket Crinkle Cut Fries	Pasta w/ Meatballs Garlic Breadstick	Pulled Pork Cubano Waffle	Italian Popcorn Chicken Rice Bowl w/ Tomato Sauce	Beef Nachos with Cheese Corn
SANDWICH	Ham & Cheese Sub w/ Lettuce & Tomato	Ham & Cheese Sub w/ Lettuce & Tomato	Ham & Cheese Sub w/ Lettuce & Tomato	Ham & Cheese Sub w/ Lettuce & Tomato	Ham & Cheese Sub w/ Lettuce & Tomato
SALAD	Chicken Caesar Salad w/ Breadstick	Chicken Caesar Salad w/ Breadstick	Chicken Caesar Salad w/ Breadstick	Chicken Caesar Salad w/ Breadstick	Chicken Caesar Salad w/ Breadstick
PIZZA	White Pizza	Meat Lover's Pizza	Chicken Bacon Ranch	Veggie Pizza	Buffalo Chicken Pizza

Menus are subject to change.

Gluten Free options available upon request

Contact information:
Elena Rosenthal- Foodservice Director
Rosenthal-Elena@aramark.com



Available Daily:

Cheese Pizza
Pepperoni Pizza
Sun Butter & Jelly Sandwich
Assorted Fruit
Assorted Vegetables

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
1% Low-Fat Milk

aramark STUDENT NUTRITION

This institution is an equal opportunity providers