

Grab and go lunches will be available for all students on the first day of school.



NORTH STONINGTON
PUBLIC SCHOOLS

August 2026

WHEELER HS/MS LUNCH MENU

8/27/26-8/28/26

Lunch Prices: Reduced- \$0.40 Paid- \$4.00

Powering
potential.

MON

TUES

WED

THURS

FRI

GRILL

ENTREE

SANDWICH

SALAD

PIZZA



Half Day
Grab and go lunches
available

Chicken Nuggets w/
Breadstick

Turkey & Cheese Sub
w/ Lettuce & Tomato
Baby Carrots

Tater Tot Beef Nachos
w/ Breadstick
Edamame Beans

Chicken BLT Sub

Chicken BLT Sub

Egg Chef Salad w/
Breadstick

Egg Chef Salad w/
Breadstick

Buffalo Chicken Pizza

Menus are subject to change.

Gluten Free options available upon request

Contact information:

Monique Herard- Foodservice Director
Herard-Monique@aramark.com



This institution is an equal
opportunity providers

Available Daily:

Cheese Pizza
Pepperoni Pizza
Sun Butter & Jelly Sandwich
Assorted Fruit
Assorted Vegetables

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk



Great News!
All students can enjoy
breakfast at no cost
during the current
school year.



September 2026

WHEELER HS/MS LUNCH MENU

Lunch Prices: Reduced- \$0.40 Paid- \$4.00

8/31/26-9/4/26

Powering
potential.

	MON	TUES	WED	THURS	FRI
GRILL	Hamburger or Cheeseburger	Spicy Chicken Patty Sandwich	Pesto Grilled Cheese Sandwich	Pizza Crunchers w/ Dipping Sauce	Chicken Nuggets w/ Breadstick
ENTREE	Meatball Pizza Sub Crinkle Cut Fries	Macaroni & Cheese w/ Ham Rainbow Blend	Country Popcorn Chicken Bowl Corn	Chicken Tikka Masala Broccoli	Beef & Cheese Nachos Roasted Chickpeas
SANDWICH	Buffalo Chicken Wrap	Buffalo Chicken Wrap Buffalo Chicken Wrap	Buffalo Chicken Wrap	Buffalo Chicken Wrap	Buffalo Chicken Wrap
SALAD	Greek Salad w/ Pita Bread	Greek Salad w/ Pita Bread	Greek Salad w/ Pita Bread	Greek Salad w/ Pita Bread	Greek Salad w/ Pita Bread
PIZZA	White Pizza	Meat Lover's Pizza	Chicken Bacon Ranch	Veggie Pizza	Buffalo Chicken Pizza

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feedyourpotential365™

aramark

Discover what healthy food, and other healthy lifestyle choices, can do to help everyone reach their potential.



LIVE YOUR BEST LIFE!



NORTH STONINGTON
PUBLIC SCHOOLS

September 2026

WHEELER HS/MS LUNCH MENU

Lunch Prices: Reduced- \$0.40 Paid- \$4.00

9/7/26-9/11/26

Powering
potential.

GRILL

ENTREE

SANDWICH

SALAD

PIZZA

MON

No School
Labor Day

TUES

Pizza Sticks w/
Dipping Sauce

WED

Chicken Patty
Sandwich

THURS

Grilled Cheese
Sandwich

FRI

Chicken Nuggets w/
Breadstick



Honey Stung Popcorn
Chicken w/ Biscuit
Tater Tots

Penne w/ Tomato
Alfredo & Chicken
Green Beans

Orange Popcorn
Chicken w/ Rice
Spinach Side Salad

Kickin' Bean & Beef
Tortilla Bowl
Black Beans

All-American Sub w/
Lettuce & Tomato

All-American Sub w/
Lettuce & Tomato

All-American Sub w/
Lettuce & Tomato

All-American Sub w/
Lettuce & Tomato

Turkey Nacho Salad
w/ Tortilla Chips

Turkey Nacho Salad
w/ Tortilla Chips

Turkey Nacho Salad
w/ Tortilla Chips

Turkey Nacho Salad
w/ Tortilla Chips

Meat Lover's Pizza

Chicken Bacon Ranch

Veggie Pizza

Buffalo Chicken Pizza

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aramark
STUDENT
NUTRITION

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Limited Time Offer: Pesto Chicken Flatbread

Roasted chicken, onions, zucchini, red peppers, Basil, & mozzarella cheese on a pesto brushed flatbread.



September 2026

WHEELER HS/MS LUNCH MENU

Lunch Prices: Reduced- \$0.40 Paid- \$4.00

9/14/26-9/18/26

Powering
potential.

	MON	TUES	WED	THURS	FRI
GRILL	Hamburger or Cheeseburger	Spicy Chicken Patty	Beef & Cheese Quesadilla	Grilled Cheese Sandwich	Chicken Nuggets w/ Breadstick
ENTREE	Meatball Pizza Sub Waffle Fries	Lasagna w/ Breadstick Broccoli	<u>Limited Time Offering</u> Pesto Chicken Flatbread Tomato Wedges	Terriyaki Popcorn Chicken w/ Rice Edamame Beans	Beef & Cheese Nachos Cucumber Slices
SANDWICH	Turkey & Cheese Wrap	Turkey & Cheese Wrap	Turkey & Cheese Wrap	Turkey & Cheese Wrap	Turkey & Cheese Wrap
SALAD	Greek Salad w/ Breadstick	Greek Salad w/ Breadstick	Greek Salad w/ Breadstick	Greek Salad w/ Breadstick	Greek Salad w/ Breadstick
PIZZA	White Pizza	Meat Lover's Pizza	Chicken Bacon Ranch	Veggie Pizza	Buffalo Chicken Pizza

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9/21/26-9/25/26

Powering
potential™

	MON	TUES	WED	THURS	FRI
GRILL	Hamburger or Cheeseburger	BBQ Chicken Flatbread	Chicken Patty Sandwich	Hamburger w/ Roasted Onion & Jalapeno Garlic Mayo	Chicken Nuggets w/ Breadstick
ENTREE	Buzzer Beater Basket Crinkle Cut Fries	Spaghetti & Meatballs w/ Breadstick Rainbow Blend Vegetable	Pulled Pork Cubano Eggoji Sandwich Green Beans	Italian Popcorn Chicken w/ Red Sauce Bowl Broccoli	Beef & Cheese Nachos Kickin' Pinto Beans
SANDWICH	Ham & Cheese Sub w/ Lettuce & Tomato	Ham & Cheese Sub w/ Lettuce & Tomato	Ham & Cheese Sub w/ Lettuce & Tomato	Ham & Cheese Sub w/ Lettuce & Tomato	Ham & Cheese Sub w/ Lettuce & Tomato
SALAD	Chicken Caesar Salad w/ Breadstick	Chicken Caesar Salad w/ Breadstick	Chicken Caesar Salad w/ Breadstick	Chicken Caesar Salad w/ Breadstick	Chicken Caesar Salad w/ Breadstick
PIZZA	White Pizza	Meat Lover's Pizza	Chicken Bacon Ranch	Veggie Pizza	Buffalo Chicken Pizza

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