Check out our new Italian Subs this week!



NORTH STONINGTON Public Schools

April 2025

WHEELER JR/SR HIGH SCHOOL LUNCH MENU

MARCH 31-APRIL 4

potential.	MON	TUES	WED	THURS	FRI
Potentia	31	1	2	2	1
GRILL	Cheesy Waffle Fry	Chicken Patty	Buffalo Chicken	Chicken Nuggets w/	Ghicken Nuggets w/
	Burger	Sandwich	Sandwich	Roll	Roll
ENTREE	Pizza Sticks w/	Spaghetti w/ Meatball	Popcorn Chicken	Hamburger or	Chicken Patty
	Dipping Sauce	& Garlic Toast	Potato Bowl w/ Roll	Cheeseburger	Sandwich
	Baby Carrots	Green Beans	Corn	Waffle Fries	Chickpea Salad
SANDWICH	Italian Sub	Italian Sub	Italian Sub	Italian Sub	Italian Sub
	Salami, Ham & Provolone	Salami, Ham & Provolone	Salami, Ham & Provolone	Salami, Ham & Provolone	Salami, Ham & Provolone
	Cheese w/ Lettuce & Tomato	Cheese w/ Lettuce & Tomato	Cheese w/ Lettuce & Tomato	Cheese w/ Lettuce & Tomato	Cheese w/ Lettuce & Tomato
SALAD	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad
	w/ Roll	w/ Roll	w/ Roll	w/ Roll	w/ Roll
PIZZA	Cheese Pepperoni Buffalo Chicken Pizza	Cheese Pepperoni Meat lover's Pizza	Cheese Pepperoni Chicken Bacon Banch		
	Buffalo Chicken Pizza	Meat lover's Pizza	Chicken Bacon Ranch		

MEECHOOÔK FARM

Dowering

Menus are subject to change.

Local Lettuce

Salads and sandwiches will be featuring local lettuce from Meechoook Farms located here in North Stonington. The farm uses hydroponics to grow the lettuce. All Lunches <u>Must</u> Include Choice of: Fruits and/or Vegetable And May Include: % Low-Fat or Skim Milk





Powering

Wednesday Limited Time offering Flatbread sandwich w/Turkey Bacon, Sliced Turkey, Cheese and Granny Smith Apple served with a side of Kale & Carrot Salad



NORTH STONINGTON Public Schools

April 2025

WHEELER JR/SR HIGH SCHOOL LUNCH MENU

APRIL 7TH-11TH

potential.	MON	TUES	WED	THURS	FRI	
GRILL	7 Bacon Cheeseburger	8 Chicken Patty Sandwich	9 BBQ Chicken & Cheddar Flatbread	10 Cheeseburger	11 Chicken Nuggets w/ Roll	
ENTREE	Buzzard Beater Basket Krinkle Cut Fries	Macaroni & Cheese Bar Broccoli	Limited Time Offering Turkey & Apple Melt Kale & Carrot Salad	Popcorn Chicken Potato Bowl w/ Roll Corn	Beef & Cheese Nacho/Taco Bar Black Beans	
SANDWICH	Buffalo Chicken Wrap w/Lettuce & Tomato	Buffalo Chicken Wrap w/ Lettuce & Tomato	Buffalo Chicken Wrap w/ Lettuce & Tomato	Buffalo Chicken Wrap w/ Lettuce & Tomato	Buffalo Chicken Wrap w/ Lettuce & Tomato	
SALAD	Ham Chef Salad w/ Roll	Ham Chef Salad w/ Roll	Ham Chef Salad w/ Roll	Ham Chef Salad w/ Roll	Ham Chef Salad w/ Roll	
PIZZA	Cheese Pepperoni Chicken Parm Pizza	Cheese Pepperoni Sausage Pizza	Cheese Pepperoni Veggie Pizza	Cheese Pepperoni Meatball Pizza	Cheese Pepperoni	
	Lunch Drizza Deduced \$0.00 Deid \$2.10					

Lunch Prices: Reduced- \$0.00 Paid- \$3.10



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Local Lettuce

Salads and sandwiches will be featuring local lettuce from Meechoook Farms located here in North Stonington. The farm uses hydroponics to grow the lettuce. All Lunches <u>Must</u> Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat or Skim Milk





Powering

MEECHOOÔK

FARM

Wednesday Chicken Wing Bar



NORTH STONINGTON Public Schools

April 2025

WHEELER JR/SR HIGH SCHOOL LUNCH MENU

April 21st-25th

potential.	MON	TUES	WED	THURS	FRI
GRILL	21 Chicken Patty Sandwich	22 Hamburger or Cheeseburger	23 Spicy Chicken Patty Sandwich	24 Backyard Burger	25 Chicken Nuggets w/ Roll
ENTREE	Made to Order	Homemade Lasagna	Chicken Wing Bar w/	General Tso's Popcorn	Make your own Burrito
	Meatball Sub	w/ Garlic Toast	Assorted Sauces	Chicken w/ Rice	Bowl
	Carrots	Green Beans	Waffle Fries	Broccoli	Black Beans
SANDWICH	Turkey & Cheese Sub	Turkey & Cheese Sub	Turkey & Cheese Sub	Turkey & Cheese Sub	Turkey & Cheese Sub
	w/ Lettuce & Tomato	w/ Lettuce & Tomato	w/ Lettuce & Tomato	w/ Lettuce & Tomato	w/ Lettuce & Tomato
SALAD	All-American Cobb	All-American Cobb	All-American Cobb	All- American Cobb	All-American Cobb
	Salad w/ Roll	Salad w/ Roll	Salad w/ Roll	Salad w/Roll	Salad w/ Roll
PIZZA	Cheese Pepperoni Taco Pizza	Cheese Pepperoni Sausage Pizza	Cheese Pepperoni Meat lover's Pizza	Cheese Pepperoni Buffalo Chicken Pizza	Cheese Pepperoni

Lunch Prices: Reduced- \$0.00 Paid- \$3.10

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Doworing

Thursday Breakfast Bar

Pancakes, Waffles, Strawberries, Blueberries and Cinnamon Apple w/ Sausage and Hash Brown



NORTH STONINGTON Public Schools

April 2025

WHEELER JR/SR HIGH SCHOOL LUNCH MENU

April 28th- May2nd

potential.	MON	TUES	WED	THURS	FRI	
GRILL	28 Hamburger or Cheeseburger	29 Chicken Patty Sandwich	30 Double Hot Dog	1 Chicken Parm Sandwich	2 Chicken Nuggets w/ Roll	
ENTREE	Hang Time basket Chicken Tenders w/ Biscuit, Fries Coleslaw & Syrup Grape Tomatoes	Pasta Alfredo w/ Chicken Broccoli	Orange Popcorn Chicken w/ Rice Glazed Carrots	Breakfast Bar Pancakes or Waffles w/ Toppings and Sausage Hash Browns	Beef & Cheese Nacho/ Taco Bar Chickpea Salad	
SANDWICH	Mediterranean Wrap Turkey w/ Provolone ,Green Peppers, Tomatoes, Onions, Black Olives & Banana Peppers	Mediterranean Wrap Turkey w/ Provolone ,Green Peppers, Tomatoes, Onions, Black Olives & Banana Peppers	Mediterranean Wrap Turkey w/ Provolone ,Green Peppers, Tomatoes, Onions, Black Olives & Banana Peppers	Mediterranean Wrap Turkey w/ Provolone ,Green Peppers, Tomatoes, Onions, Black Olives & Banana Peppers	Mediterranean Wrap Turkey w/ Provolone , Green Peppers, Tomatoes, Onions, Black Olives & Banana Peppers	
SALAD	Buffalo Ranch Popcorn Chicken Salad w/ Roll	Buffalo Ranch Popcorn Chicken Salad w/ Roll	Buffalo Ranch Popcorn Chicken Salad w/Roll	Buffalo Ranch Popcorn Chicken Salad w/ Roll	Buffalo Ranch Popcorn Chicken Salad w/ Roll	
PIZZA	Cheese Pepperoni Veggie Pizza	Cheese Pepperoni Cheeseburger Pizza	Cheese Pepperoni Sausage Pizza	Cheese Pepperoni Hawaiian Pizza	Cheese Pepperoni	

Lunch Prices: Reduced- \$0.00 Paid- \$3.10

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Local Lettuce

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