



**North Stonington Public
Schools**
298 Norwich-Westerly Road, North Stonington, CT
06359
Phone: (860) 535-2800 Fax: (860) 535-1470

Dear North Stonington Families,

We are pleased to share that **North Stonington Public Schools will participate in Connecticut's Readiness in School Everyday (RISE) program for the 2026–27 school year.**

Through the RISE program, **all students may receive breakfast at no cost**, regardless of household income or eligibility for free or reduced-price meals.

What this means for your family

Beginning with the 2026–27 school year:

- **Breakfast is available at no cost to every student** who participates in the school breakfast program.
- Students do not need to qualify for free or reduced-price meals to receive a free breakfast.
- Families do not need to pay for breakfast.
- Students who qualify for **reduced-price meals** will also be able to receive lunch at **no cost** through the RISE program.
- Students who are eligible for free meals will continue to receive meals at no cost.

Please continue to complete the Free and Reduced-Price Meal Application

Although RISE provides breakfast at no cost to all students, **families are still strongly encouraged to complete the Free and Reduced-Price Meal Application if they believe their household may qualify.**

Accurate eligibility information remains important because it determines eligibility for other benefits and allows the District and the Connecticut State Department of Education to receive the appropriate federal and state funding to support our school meal programs.

Participation in the RISE program does **not** mean that families should stop completing meal benefit applications.

If your household circumstances change during the school year, you may submit an application at any time.

A benefit for our students

We know that access to a nutritious breakfast helps students begin their school day ready to learn. The RISE program provides an important opportunity to ensure that every student who wants breakfast can access it without cost.

We encourage families to take advantage of this program and to contact the school if you have questions about breakfast, lunch, or the Free and Reduced-Price Meal Application.

Thank you for partnering with us to support the health, well-being, and success of every North Stonington student.

Sincerely,

Jeanine M. Rose

Jeanine Rose, Ed.D.
Superintendent of Schools
North Stonington Public Schools