

Mrs. Curioso  
Wheeler High School

**AP Psychology**  
*Summer Work 2020 – 2021*

**Assignment**

Read and take notes on Unit 1: Psychology's History and Approaches

Module 1: Psychology and its History

Modules 2: Today's Psychology and its Approaches

Module 3: Subfields in Psychology

\*\*Please read through the notetaking requirements on the next two pages before you begin taking notes. This is how you will take notes all year.

**Due Date: Wednesday, August 26**

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# AP PSYCHOLOGY, 2020 - 2021

## Note Taking & Note Cards

### Guidelines for Note Taking:

Reading and taking notes are critical for success in this course. There are 2 separate but equal components to reading and taking notes:

1. Take notes in a notebook
2. Make individual vocab note cards on index cards. (see tips on back)

Multiple times each week you will be assigned homework reading in your textbook. When you come into class the next day you might be taking an open-note quiz. You can use your notebooks and your vocab note cards on the quizzes. Be sure to keep up on the reading each night otherwise you will easily fall behind, feel overwhelmed, and display *learned helplessness*.

### Follow these recommended reading strategies:

- Don't write down anything the first time through, just simply read.
- Read small sections one at a time. Don't try to power through the entire chapter all at once.
- Read all boxes, side margins, pictures, graphs, etc. Read every single word on every single page.

### Take notes on the following:

- Famous names, major studies, experiments, events, and italicized words.
  - Words that are in bold print are vocab words. Write them on the separate vocab note cards (details on the back of this sheet).
- Draw important tables and figures (they are labeled and numbered).
- Answer the numbered questions at beginning of each small section
  - They are repeated at the end of each module along with the answers.
- Attempt to answer all "check your understanding" questions.

### Mandatory Requirements for note taking:

- Handwriting only, no typed or printed notes.
- No loose, individual pieces of paper. Must be in a notebook or binder.

Don't write too much. Don't write down everything you read, word for word, or you will spend too much time. This should not take you an incredibly long time.

Tip: Leave open space in between some lines of your notes. Fill in the space with real-world examples during class time while the teacher reviews the reading and leads an interactive discussion.

### AP Psychology Vocabulary Note Cards

You are going to be taking potential open note quizzes throughout the week. You will be allowed to have both notebook notes and vocab note cards out on your desk for open-note quizzes. You can just put all vocab on note cards only and have all other note taking in your notebooks.

Vocab note cards should be uniform, consistent, and well organized. It is highly encouraged that you make your note cards each night along with the reading and note taking instead of leaving them until the last minute.

### Suggestions

1. Separate note card for each vocab word.
  - a. Index cards only. Cut or torn up small pieces of notebook paper are not be acceptable.
  - b. Consistently purchase the same brand, size, and style of index cards for the year. Buy around 10 to 15 packs at the beginning of the year. They should be around 3X5 or 4X6 inches.
2. Number each note card according to unit, vocab number in the module (Unit I. Vocab word #3. or Unit 1 - #3)
3. For each new unit, start over the numbering. For instance, if Unit 4 has 63 vocab words, number the cards 1-63. Then start over with number 1 for the first term of Unit 5.
4. For each new unit, label the front note card with the unit name and number. For example, the front card of your very first note card should simply be labeled: Unit 1 History & Approaches
5. Write down the vocab word and underline it
6. Write down the text book definition of the vocab word
7. Create an intelligent, critical, and creative original sentence that puts that vocab word into real-world context
  - a. You should use that specific vocab word in the sentence you create.
  - b. Your sentence should be accurate, meaningful, complex, and use supporting details to earn full credit.
  - c. Don't use simple sentences such as, "I like \_\_\_\_." or "My brother likes \_\_\_\_."
  - d. Try to connect the example sentences into your life or connect to things you enjoy. It will make the sentences more meaningful to you, thus you're more likely to memorize the vocab.
8. Underline the vocab word in the example sentence you made, too.

Example Note Card:

Unit 1 - #1

Placebo Effect: Experimental results caused by expectations alone; any effect **on behavior caused by the administration of an inert substance or** condition, which the recipient assumes is an active agent.

Ex: If people take a fake pill but are told that it can improve memory, sometimes they might believe it is true and report that their memory improved; but in reality they were victims of the placebo effect.