



November

2019

North Stonington Fresh Fruit & Veggie

WEEK ONE

11/4-11/8

Offered Daily

Oranges
Diced Pears
Craisins
Grape Tomatoes
Cucumber Coins
Garden Side Salad

WEEK TWO

11/11-11/15

Offered Daily

Cantaloupe
Applesauce
Grapes
Red Pepper Strips
Spinach Salad w/
Balsamic Dressing
Garden Side Salad

WEEK THREE

11/18-11/22

Offered Daily

Apples
Mixed Fruit
Raisins
Baby Carrots
Green Pepper Strips
Garden Side Salad

WEEK FOUR

11/25-11/29

Offered Daily

Oranges
Craisins
Apples
Grape Tomatoes
Broccoli
Garden Side Salad

WEEK FIVE

12/2-12/6

Offered Daily

Honeydew Melon
Raisins
Diced Peaches
Baby Carrots
Celery
Garden Side Salad



Menus are subject to change without notice.