



Start With Hello trains and empowers Middle and High School students on how to recognize social isolation within their classroom and school, reach out and help, and *Start With Hello*.

***Start With Hello* In-Person Trainings**

STOP Grantees identify and recruit school districts/schools to participate in *Start With Hello*. The school district/schools identify their lead point of contact, potential dates for the *Start With Hello* training and the number of *Start With Hello* in-person assembly trainings needed to train their Middle or High School student population.

In-person assembly trainings are 45 minutes in length and delivered by a certified Sandy Hook Promise Presenter (Trainer) in school auditoriums or gymnasiums. Sandy Hook Promise can train up to 500 students in one assembly. Assemblies are offered for students in grades 6 – 12. School faculty and staff are required to attend the in-person assembly trainings with their students. Schools are asked to provide basic technology for the in-person assembly trainings, including a screen, microphone, working projector, speakers and a laptop.

SAVE Promise Club Requirement

Prior to receiving a *Start With Hello* in-person assembly training, the school must identify an Adult Champion who will sponsor the youth club and officially register the designated youth club as a SAVE (Students Against Violence Everywhere) Promise Club. Schools can form a new club, or register an existing club – such as a SADD, student leadership, kindness or student government or civic club to serve as the SAVE Promise Club. Upon registering, the Adult Champion will receive a monthly newsletter with lesson plan and activity ideas developed by students that the youth club can use to inspire ideas for planning and organizing ongoing reminders, activities and events that reinforce the lessons of *Start With Hello* and sustain the message of *Start With Hello* throughout the school year. It is recommended the SAVE Promise Club organizes a minimum of three *Start With Hello* activities throughout the year. Upon bringing *Start With Hello* to their school, the school will also receive the *Start With Hello* Educator Guide and Student Guide to assist them in their ongoing efforts.

***Start With Hello* Reporting Requirements**

Immediately following any *Start With Hello* training, whether delivered via an in-person assembly or through the Train the Trainer, the school must report training data back to Sandy Hook Promise, as required by the STOP School Violence Act grant. School reporting includes the following items:

- Number of trainings completed by school name, city/town, date of training
- Number of individuals who received the trainings
- Percentage of students receiving the trainings
- Breakout of the student type by number including:
 - Grade of school students
 - Middle school students
 - High school students
 - All students (general)
 - Any parents/family members of students attending
 - Other (describe)

- Number of faculty trained (divided by type- school administrators, teachers, counselors, health staff, other)
- Number of SAVE Promise Clubs established

***Start With Hello* Implementation Guidance**

Start With Hello can be implemented at any time throughout the year, however, it is strongly encouraged for all schools within a district to implement *Start With Hello* around the same time. This assures each school is speaking in the same language and allows schools to dialogue with one another and/or for their student clubs to work together. If the school district/school is implementing multiple Sandy Hook Promise Know the Signs programs, we encourage school districts to pace the timing of the multiple programs in a way that allows for space during the programs and doesn't overwhelm students or staff. However, there is no recommended order of which program should come first – we defer to the school district on their needs and priorities.

**Note, Start With Hello and Say Something follows the same program implementation and sustainability process*

***Start With Hello* Checklist**

- STOP Grantee recruits and identifies the participating school district(s)/school(s).
- STOP Grantees/School Districts work with Sandy Hook Promise to identify a timeline for the trainings to take place.
- School districts/schools identify the Adult Champion/youth club in each school that the training will occur and officially register the club at www.sandyhookpromise.org/savepromiseclub.
- School districts/schools complete training intake form with Sandy Hook Promise. The trainings are then scheduled and a confirmation is sent to the schools.
- Start With Hello* trainings take place.
- School districts/schools report performance evaluation data back to Sandy Hook Promise.
- School districts/schools sustain *Start With Hello* via student led SAVE Promise Clubs.