

Occupational Therapists

Occupational Therapists – Rebekah West - westr@northstonyington.k12.ct.us

Occupational Therapists are highly trained healthcare professionals that evaluate and assist children that are having difficulties participating in meaningful activities that are needed to conduct their daily routines and live their lives to the fullest.

Occupational Therapy in the school setting addresses the needs of students experiencing delays, disabilities, or health challenges through therapeutic interventions to promote skill advancement, the use of compensatory strategies, adaptations to the child's equipment and environment, and/or modifying the curriculum or activities.



Occupational therapists collaborate with teachers and parents to identify and modify barriers that restrict a child's success. They model and teach strategies to use that will extend the benefits of direct interventions.