



Wheeler Breakfast

May 2019

29

French Toast Sticks
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

30

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

1

Breakfast Bar w/ Yogurt
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

2

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

3

Bagel w/ Cream Cheese
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

6

French Toast Sticks
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

7

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

8

Breakfast Bar w/ Yogurt
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

9

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

10

Bagel w/ Cream Cheese
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

13

French Toast Sticks
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

14

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

15

Breakfast Bar w/ Yogurt
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

16

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

17

Bagel w/ Cream Cheese
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

20

French Toast Sticks
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

21

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

22

Breakfast Bar w/ Yogurt
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

23

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

24

No School
Memorial Day Break

27

No School
Memorial Day Break

28

No School
Memorial Day Break

29

Breakfast Bar w/ Yogurt
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

30

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

31

Bagel w/ Cream Cheese
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

Josh Brochu
Food Service Director

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Local ingredients are always used when in season.
Ovo-Lacto Vegetarian, may contain Egg & Milk

Menu Subject To Change

Breakfast is the most important meal of the day, start it off right.
Available daily: cereal, yogurt, bagels, and breakfast sandwiches
Milk – Skim and 1% milk is offered in white and flavored.
Full Price \$2.15 Reduced Price \$.30
Nutritional Messages may vary by school.