



May Fuel Specials

May 6-10: Gyro Pizza
w/ Meatballs & Tomatoes

May 13-17: Fully Loaded Pizza
w/ Fries, Chicken, Bacon & Ranch Sauce

Wheeler Lunch

May 2019

29

Waffles w/ Sausage
Tuna Wrap
Italian Ham Salad
w/ Pretzel

Fresh Fruit & Veggie Bar
Tater Tots

30

Mac & Cheese w/ Roll
Tuna Wrap
Italian Ham Salad w/
Pretzel

Fresh Fruit & Veggie Bar
Green Beans

1

BBQ Chicken Flatbread
Tuna Wrap
Italian Ham Salad w/
Pretzel

Fresh Fruit & Veggie Bar
Sweet Potatoes

2

Meatball Sub
Italian Ham Salad w/ Pretzel

Fresh Fruit & Veggie Bar
Black Beans

3

Chicken Pasta Carbonara
Tuna Wrap
Italian Ham Salad w/
Pretzel

Fresh Fruit & Veggie Bar
Cucumber Tomato Salad

6

Broccoli & Cheese Baked
Potato
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Broccoli

7

Chicken Parmesan
Sandwich
Pizza FUEL Special
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Green Beans

8

French Toast Sticks
w/ Sausage
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Tater Tots

9

Burrito Day
Pizza FUEL Special
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Baked Beans

10

Mac & Cheese w/ Roll
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Zucchini

13

Cheese Ravioli w/ Garlic
Bread
Chicken Salad Sub
Chicken Caesar Salad
w/ Roll

Fresh Fruit & Veggie Bar
Seasoned Fries

14

Chicken Tenders
w/ Breadstick
Pizza FUEL Special
Chicken Salad Sub
Chicken Caesar Salad
w/ Roll

Fresh Fruit & Veggie Bar
Steamed Cauliflower

15

Deli Day
Chicken Salad Sub
Chicken Caesar Salad
w/ Roll

Fresh Fruit & Veggie Bar
Roasted Squash

16

Hot Dogs
Pizza FUEL Special
Chicken Salad Sub
Chicken Caesar Salad
w/ Roll

Fresh Fruit & Veggie Bar
Campfire Beans

17

Beef Nachos w/ Rice
Chicken Salad Sub
Chicken Caesar Salad
w/ Roll

Fresh Fruit & Veggie Bar
Cucumber Tomato Salad

20

Cheesy Beef Tater Tot
Burrito
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Broccoli

21

Mac & Cheese w/ Roll
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Green Beans

22

Orange Chicken w/
Broccoli & Lo Mein
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Yellow Squash

23

California Ranch
Chicken Sandwich
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Charro Beans

24

No School

Memorial Day Break

27

No School

Memorial Day Break

28

No School

Memorial Day Break

29

Popcorn Chicken Bowl
w/ Roll
Hummus & Veggie Wrap
Chicken Taco Salad w/
Roll

Fresh Fruit & Veggie Bar
Celery Sticks

30

Beef & Cheese Nachos
Hummus & Veggie Wrap
Chicken Taco Salad w/
Roll

Fresh Fruit & Veggie Bar
Kick'n Pinto Beans

31

Buffalo Chicken Calzone
Hummus & Veggie Wrap
Chicken Taco Salad w/
Roll

Fresh Fruit & Veggie Bar
Broccoli

Josh Brochu
Food Service Director

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Local ingredients are always used when in season.
Ovo-Lacto Vegetarian, may contain Egg & Milk

Menu Subject To Change

Available Daily: Chicken patty and burgers, sunbutter and jelly sandwiches. Whole grains and fresh fruit and vegetables.
Milk – Skim and 1% milk is offered in white and flavored.
Full Price \$3.10 Reduced Price \$.40
Nutritional Messages may vary by school.