



Wheeler Breakfast

April 2019

1 French Toast Sticks Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	2 Egg & Cheese Sandwich Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	3 Breakfast Bar w/ Yogurt Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	4 Egg & Cheese Sandwich Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	5 Bagel w/ Cream Cheese Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk
8 French Toast Sticks Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	9 Egg & Cheese Sandwich Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	10 Breakfast Bar w/ Yogurt Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	11 Egg & Cheese Sandwich Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	12 Bagel w/ Cream Cheese Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk
15 French Toast Sticks Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	16 Egg & Cheese Sandwich Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	17 Breakfast Bar w/ Yogurt Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	18 Egg & Cheese Sandwich Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	19 No School Good Friday
22 French Toast Sticks Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	23 Egg & Cheese Sandwich Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	24 Breakfast Bar w/ Yogurt Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	25 Egg & Cheese Sandwich Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	26 Bagel w/ Cream Cheese Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk
29 French Toast Sticks Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	30 Egg & Cheese Sandwich Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	1 Breakfast Bar w/ Yogurt Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	2 Egg & Cheese Sandwich Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk	3 Bagel w/ Cream Cheese Cereal w/ Yogurt Muffin w/ Cheesestick Fresh fruit, juice and milk

Josh Brochu
Food Service Director

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Local ingredients are always used when in season.
Ovo-Lacto Vegetarian, may contain Egg & Milk

Menu Subject To Change

Breakfast is the most important meal of the day, start it off right.
Available daily: cereal, yogurt, bagels, and breakfast sandwiches
Milk – Skim and 1% milk is offered in white and flavored.
Full Price \$2.15 Reduced Price \$.30
Nutritional Messages may vary by school.