



February Fuel Specials

Wheeler Lunch

February 4-8: Waffles, Chicken & Jalapeno Cheese Nachos

February 2019

February 11-15: Breakfast Burrito w/ Salsa & Tater Tots

28

Cheese Ravioli w/ Garlic Bread
Chicken Salad Sub
Chicken Caesar Salad w/ Roll

Fresh Fruit & Veggie Bar
Seasoned Fries

29

Meatball Sub
Chicken Salad Sub
Chicken Caesar Salad w/ Roll

Fresh Fruit & Veggie Bar
Steamed Cauliflower

30

Deli Day
Chicken Salad Sub
Chicken Caesar Salad w/ Roll

Fresh Fruit & Veggie Bar
Roasted Squash

31

Hot Dogs
Chicken Salad Sub
Chicken Caesar Salad w/ Roll

Fresh Fruit & Veggie Bar
Campfire Beans

1

Beef Nachos w/ Rice
Chicken Salad Sub
Chicken Caesar Salad w/ Roll

Fresh Fruit & Veggie Bar
Cucumber Tomato Salad

4

Cheesy Beef Tater Tot Burrito
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Broccoli

5

Mac & Cheese w/ Roll
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Green Beans

6

Orange Chicken w/ Broccoli & Lo Mein
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Yellow Squash

7

California Ranch
Chicken Sandwich
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Charro Beans

8

Fish Sandwich
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Fresh Spinach

11

Nat'l Pizza Day

Ham & Cheese Ciabatta Melt
Hummus & Veggie Wrap
Chicken Taco Salad w/ Roll

Fresh Fruit & Veggie Bar
Steamed Zucchini

12

Beef Chili Mac w/ Roll
Hummus & Veggie Wrap
Chicken Taco Salad w/ Roll

Fresh Fruit & Veggie Bar
Roasted Carrots

13

Popcorn Chicken Bowl w/ Roll
Hummus & Veggie Wrap
Chicken Taco Salad w/ Roll

Fresh Fruit & Veggie Bar
Celery Sticks

14

Valentine's Day

Bacon Cheeseburger
Hummus & Veggie Wrap
Chicken Taco Salad w/ Roll

Fresh Fruit & Veggie Bar
Kick'n Pinto Beans

15

Buffalo Chicken Calzone
Hummus & Veggie Wrap
Chicken Taco Salad w/ Roll

Fresh Fruit & Veggie Bar
Broccoli

18

No School

President's Day

19

Grilled Cheese & Tomato Soup
Tuna Wrap
Italian Ham Salad w/ Pretzel

Fresh Fruit & Veggie Bar
Green Beans

20

BBQ Chicken Flatbread
Tuna Wrap
Italian Ham Salad w/ Pretzel

Fresh Fruit & Veggie Bar
Sweet Potatoes

21

Steak and Cheese Sub
Tuna Wrap
Italian Ham Salad w/ Pretzel

Fresh Fruit & Veggie Bar
Black Beans

22

Chicken Pasta Carbonara
Tuna Wrap
Italian Ham Salad w/ Pretzel

Fresh Fruit & Veggie Bar
Cucumber Tomato Salad

25

Chili Cheese Baked Potato
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Broccoli

26

Chicken Parmesan Sandwich
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Green Beans

27

Meatloaf w/ Gravy
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Mashed Potatoes w/ Gravy

28

Burrito Day
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Baked Beans

1

Mac & Cheese w/ Roll
Turkey & Cheese Sub
Ham Chef Salad w/ Roll

Fresh Fruit & Veggie Bar
Zucchini

Josh Brochu
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Local ingredients are always used when in season.
Ovo-Lacto Vegetarian, may contain Egg & Milk

Menu Subject To Change

Available Daily: Chicken patty and burgers, sunbutter and jelly sandwiches. Whole grains and fresh fruit and vegetables.
Milk - Skim and 1% milk is offered in white and flavored.
Full Price \$3.10 Reduced Price \$.40
Nutritional Messages may vary by school.