



Wheeler Breakfast

February 2019

28

French Toast Sticks
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

29

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

30

Breakfast Bar w/ Yogurt
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

31

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

1

Bagel w/ Cream Cheese
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

4

French Toast Sticks
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

5

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

6

Breakfast Bar w/ Yogurt
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

7

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

8

Bagel w/ Cream Cheese
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

11

French Toast Sticks
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

12

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

13

Breakfast Bar w/ Yogurt
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

14

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

15

Bagel w/ Cream Cheese
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

18

No School
President's Day

19

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

20

Breakfast Bar w/ Yogurt
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

21

Egg & Cheese Sandwich
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

22

Bagel w/ Cream Cheese
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

25

French Toast Sticks
Cereal w/ Yogurt
Muffin w/ Cheesestick

Fresh fruit, juice and milk

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Egg & Cheese Sandwich
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Muffin w/ Cheesestick

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Bagel w/ Cream Cheese
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Muffin w/ Cheesestick

Fresh fruit, juice and milk

Josh Brochu
Food Service Director

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Local ingredients are always used when in season.
Ovo-Lacto Vegetarian, may contain Egg & Milk

Menu Subject To Change

Breakfast is the most important meal of the day, start it off right.
Available daily: cereal, yogurt, bagels, and breakfast sandwiches
Milk – Skim and 1% milk is offered in white and flavored.
Full Price \$2.15 Reduced Price \$.30
Nutritional Messages may vary by school.