
HEALTH AND PHYSICAL EDUCATION

August 2018

Course Expectations

WHEELER MIDDLE SCHOOL

All physical education classes will be held every other day for the entire school year.

In physical education classes, students work on a variety of academic expectations: analysis, communication, literacy and collaboration. Students also work on the social expectations: honesty, responsibility, respect, and safety. This year our classes will be focusing on collaboration using the school rubrics.

All physical education students are required to take health as part of the physical education class.

Physical Education Teachers:

1. Mrs. Turner
2. Mr. Weber

Teacher Expectations/ Grading Policy: (Each day a student can earn 5 daily points.)

- Student has proper physical education footwear(sneakers) and is prepared for the start of class (**1 point**)
- Follows all teacher's instructions without hesitation - Always on task (**1 point**)
- Takes a physically active part in all of the games and activities of the class (**1 point**)
- Gives positive support to teammates or classmates all of the time (**1 point**)
- Always uses skills taught and applies skills to game or performance (**1 point**)

Behavior Expectations:

1st offense: Student receives a warning

2nd offense: Removal from activity and loss of credit for the day.

3rd offense: Removal from class, loss of daily credit, and possible detention.

For safety reasons, students may be removed from activity prior to receiving a warning from the teacher.

Sport Offerings:

Flag Football, Softball, Soccer/Speedball, Ultimate Frisbee, Fitness Activities, Lacrosse, Volleyball, Badminton, Basketball, Floor Hockey, Bowling, and Team Handball.



Physical Education Rules:

If a student is medically unable to participate in physical education class, they must receive a “medical excuse” note from the nurse prior to the start of class.

If you are unable to participate in a physical education class you must remain with your class. If your class is playing on the soccer field, you must be on the soccer field with your class.

Students are reminded to lock all valuables in your school locker. If you need to change for class, the hallway bathroom will be available.

Remember... no headphones can be worn or used in class unless the teacher gives permission. No cell phones can be used in class, even if the student is not participating! Absolutely no photos can be taken in class without permission.

Students involved in after school athletics are required to take regular scheduled physical education class on practice and game days. **If a student does not participate in physical education class, that student cannot participate in his/her after school practice or game.**

Chewing gum is not allowed during physical education class. Sneakers must be tied and worn at all times.