

Wheeler High School Course Expectations

Health A

Grade 11

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Room 118

I. Course Overview:

The Health course is designed to help develop and promote healthy student behaviors. Personal health decisions, safe practices, the acquisition of knowledge, and the capacity to make prudent choices are points of emphasis. Contemporary issues and concerns including disease prevention and substance abuse (CT state mandated topics) are included in the curriculum. Guest speakers, current events, and videos may be used to enhance instruction.

II. Overall Course Objectives & Standards (from curriculum):

Topics include: Nutrition, Exercise, Drugs, HIV, Healthy Relationships & Dating, Human Growth & Development, STD's, CPR, Current Events.

****Students can be certified in CPR, First Aid, and AED. The cost will be \$28 dollars for a two year certification. (*Students will be responsible for all of the information whether they are seeking certification or not.)***

- 1. Standard 1:** Comprehend concepts related to health promotion and disease prevention.
- 2. Standard 2:** Demonstrate the ability to access valid health information and health-promoting products and services.
- 3. Standard 3:** Demonstrate the ability to practice health-enhancing behaviors to reduce health risks.
- 4. Standard 4:** Analyze the influence of culture, media, technology, and other factors on health.
- 5. Standard 5:** Demonstrate the ability to use interpersonal communication skills to enhance health.
- 6. Standard 6:** Demonstrate the ability to use decision-making skills to enhance health.
- 7. Standard 7:** Use the goal-setting process to enhance health.
- 8. Standard 8:** Demonstrate the ability to advocate for personal, family, and community health.

For more information about the standards please refer to the State's website:
<http://www.sde.ct.gov/sde/LIB/sde/PDF/deps/student/Healthy&BalancedLiving.pdf>

III. Material Required:

***Students need a notebook with pockets or a 3 ring binder with paper for this class (for organization of handouts). Notes need to be taken daily in class.**

***Pens/Pencils**

*Glencoe Health Book – will be provided for in class use only

*Assignments, News & Information- follow me on Twitter @mrsalbamonti

IV. Class/Behavior Expectations:

1. Students are expected to arrive on time to class every day. One verbal warning will be given if a student is late. The second time a student is late a detention will be given. A third time being late an office referral slip will be written to the office.

2. Students are expected to be respectful in the classroom to the teacher, guest speakers, and to each other. If a student continues to talk, sleep, has head down, cell phone use, or headphones on when the teacher is talking, a verbal warning will be given. The second time a detention will be given. After the second time an office referral slip will be written to the office and or removal from classroom.

3. Cell Phones – I support BYOD (Bring Your Own Device) in class for projects and information when I have given permission. If your phone is being used at other times **1** verbal warning will be given in a semester, the **2** time the phone will be put on my desk for the remainder of the class.

4. Students are expected to come to class prepared with their notebooks and pens/pencils, and take notes if given. **No food or drinks will be allowed in the classroom.**

5. Students are expected to participate in class by engaging in the daily topic.

6. Students are expected to complete and return assignments on time.

7. Attendance Policy – as stated in handbook:

IF A STUDENT MISSES MORE THEN 15 MINUTES FROM CLASS, OTHER THEN BECAUSE OF A SCHOOL SACTIONED EVENT, THEY WILL BE CONSIDERED ABSENT FROM CLASS.

Limit on Total Number of Absences: No student will receive course credit for a 1/2 year course after having been absent from that course for more than **10 class periods** (excused or unexcused) the school year for reasons other than school sponsored activities (i.e. field trips).

8. Grading Policy (percentages, total points, etc):

1. Students will also earn points for projects, writing assignments, and articles. The points will be explained before the assignments.
2. A mid-term and final will NOT be given during exam block, unless the student did not complete their final project before exams begin.

9. Teacher Availability for Extra Help (Day and Time):

By appointment

10. Wheeler High School Academic & School Social/Civic Expectations met by this course:

- | | |
|------------------------|------------------------------|
| * Literacy | * Demonstrate Honesty |
| * Communication | * Demonstrate Responsibility |
| * Collaboration | * Demonstrate Respect |
| * Analysis | * Demonstrate Safety |

*In Health classes students will be graded 3 times a semester on the academic expectation: **Communication**. The rubric is attached.

11. North Stonington's Board of Education Policy (exemption policy)

Parents will be informed by letter (given to students in class) before the HIV/AIDS unit and Family Life Unit (sex education *only applies to Health A*). Parents have the right to exempt their child from these units by contacting the school in writing. An alternate assignment will be given.